



FOR IMMEDIATE RELEASE:

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Pasta Load Dinner

Pick up your race number and t-shirt early on Friday, May 22 at Kersting Court and enjoy a great pasta dinner from Cafe 322 of Sierra Madre. Dinner will be served from 6:00-8:00pm at Kersting Court for just \$6.75. Both runners and non-runners are welcome!

Kids' Race

The Mt. Wilson Trail Race Kids' Fun Run will be held on Saturday, May 23, 2009 at 7:45am. This absolutely free event is open to youth ages 3 and up. All participants must register the day of the race at Kersting Court. The first 150 to sign up will receive a free t-shirt and ribbon! For more information call 626-355-5278.

Mt. Wilson Trail Race and Activities

On Saturday, May 23 at 7:30am, the Mt Wilson Trail Race will be celebrating its 101st anniversary. We encourage participants and race supporters to tell your friends and family members to be down in Kersting Court to enjoy all the MWTR festivities. There will be music, a kids' art show, a kids' race, and the ever-popular beer garden (bring your money for beverages; you will be supporting the Sierra Madre Search & Rescue team with your purchases).

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